

Summer Programs

Kismet Kids Summer Programs allow children to experience a diverse sampling of programs offered at Kismet Wellness Center. Our **Creative Workshop** series and **Day Camps** offer fun and games centered around martial arts and yoga, while allowing children to express their inherent creativity through recycle art, painting, clay works, jewelry making, drawing, and more...

Kismet's session-based classes allow children to focus on a specific area of interest. Weekly yoga, art, and martial arts classes are offered during the 8-week summer session.

Kismet's highly qualified and trained staff will create a fun and enriching experience, while guiding your child through basic poses, stances, and fundamentals of both yoga and martial arts. Kismet's art program represents several different art forms; children work with trained artists to create masterpieces guided by their instructors but inspired by their imagination.



Onsite babysitting available at Kismet.

Creative Workshops



July 7 - July 25
Ages 5-9 & 10-12

Workshops coincide with adult morning yoga classes - enjoy a workout knowing your little one is having fun!

A blend of **yoga, karate, and art** - new activities each day!!!

July 7-11, July 14-18, July 21- 25

Monday, Wednesday, Friday
9:30 - 11:00 (drop off 9:15 - 9:30)

Tuesday, Thursday
9:00 - 10:30 (drop off 8:45 - 9:00)

Don't miss the fun - sign up today!

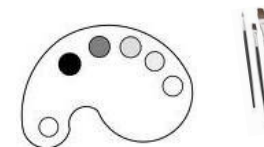
Pre-register for any or all workshops:

- 1 Workshop - \$20 (\$22 drop-in*)
- 3 Workshops - \$54 (\$18/each)
- 5 Workshops - \$80 (\$16/each)
- 10 Workshops - \$150 (\$15/each)
- 15 Workshops - \$210 (\$14/each)

* Drop-ins accepted only when space is available.

Day Camp

July 28 - Aug 22, M-F 9 am-12 pm
Ages 4-9 & 10-12



Summer camps integrate yoga and martial arts instruction with daily art activities, centered around a weekly theme that allows children to explore the world around them.

Session 1: July 28 - August 1

Under the Sea - Learn about the ocean and the creatures who live there during this week of games, activities, and exploration of the world under the sea.

Session 2: August 4 - August 8

It's Not Easy Being Green - Learn about the environment and ways we can help preserve it, through games and activities centered around nature and being green.

Session 3: August 11 - August 15

The Sun, the Moon, & the Stars - Learn about these celestial bodies (and others) in our solar system during this week of fun and games dedicated to exploring outer space.

Session 4: August 18 - August 22

International Festival - Learn about a new country each day as we examine different cultures and the traditions and celebrations that make them unique.

Day Camp Pricing

Registration Fee: \$35

1 Week: \$165 - 2 Weeks: \$315

3 Weeks: \$475 - 4 Weeks: \$625

Kismet Kids Registration

Last Name _____
First Name _____
Street Address _____
City _____ State _____
Zip _____
Gender _____ Age _____
DOB _____
Home Phone _____
Email _____

Session-Based Classes

Class _____
Day & Time _____
Age _____

Creative Workshops

7/7__ 7/8__ 7/9__ 7/10__ 7/11__
7/14__ 7/15__ 7/16__ 7/17__ 7/18__
7/21__ 7/22__ 7/23__ 7/24__ 7/25__

Summer Day Camp Sessions

Session 1: Under the Sea _____
Session 2: It's Not Easy Being Green _____
Session 3: The Sun, the Moon, & the Stars _____
Session 4: International Festival _____

Campers must have on file prior to participating:

- 1) Recent physical (within the past 24 months)
- 2) Copy of a current immunization record
- 3) Completed Kismet emergency and release forms

This camp must comply with regulations of the Massachusetts Department of Public Health (105 CMR 430.000) and be licensed by the Andover Board of Health.

Session-Based Classes

July 7 - Aug 29

(min. of 5 required to run class)

Yoga - \$105/\$35 Reg. Fee*

- **Mom & Me Babies:** Tuesday, 2:15-3:00
Ages 2 mo- walking
- **Mom & Me Tots:** Monday, 2:15-3:00
Ages walking - 2 yrs.
- **Tykes Yoga Basics :** Wednesday, 1:30-2:15
Ages 3-4 yrs.
- **Kids I Yoga Basics:** Monday, 3:15-4:00
Ages 4-6 yrs.
- **Kids II Yoga Basics:** Tuesday, 3:15-4:00
Ages 7-9 yrs.
- **Twens Yoga Basics:** Tuesday, 4:15-5:15
Ages 10-12 yrs.
- **Teens Yoga Basics:** Thursday, 3:15-4:30
Ages 13+ yrs.
- **Teens Power Yoga:** Thursday, 2:15-3:15
Ages 13+ yrs.

Martial Arts - \$105 /\$35 Reg. Fee*

Tykes Martial Arts: TBD
Ages 2.9-4 yrs.

Art Classes- \$115/\$35 Reg. Fee*

Summer Art Sampler: Monday, 4:30-5:15
Ages 5-10 yrs.

Movie Nights

Pizza, ice cream, & a movie!!!

Friday Nights 6-9 pm - Cost: \$20

Check web site for dates. Call to reserve your child's spot: 978-289-4155

* Registration fee is a one-time fee



Kismet Kids

Summer Programs Ages 4 - 12

Summer Day Camp Creative Workshops Session-Based Classes



Kismet Wellness Center

204 Andover Street, 2nd Floor
Andover, MA 01810
978-289-4155

www.kismetwellness.com