



# Kismet Wellness Center

## Zumba , Dance & Fitness Schedule

Zumba: Join the hottest workout that combines simple Latin & International rhythms and a relaxed party atmosphere with high energy, motivating music.

Day	Time	Class	Instructor
Mon	6:00 - 7:00 p	Zumba	Amy
Tues	7:30 - 8:30 p	Zumba	Moe
Wed	9:00 - 10:00 a	Zumba	Amy
	6:00 - 7:00	Zumba	Tiana
Thurs	6:00 - 7:00 p	Zumba	Tallie
Fri	6:00 - 7:00 p	Zumba	Lisa
Sat	8:00 - 9:00 a	Zumba	Amy
Sun	11:00 a - 12:00 p	Zumba	Nicole

Exactly where you're supposed to be...

Newcomers Special  
\$21 for 21 Days

Kismet Wellness Center  
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